

Shady Spring High School will be hosting the 2023 Shady Spring Scuffle on Friday, December 15, 2023 at Shady Spring High School, 300 Hinton Rd, Shady Spring, WV for High School and Middle School girl wrestlers. This will be a round robin individual tournament allowing each wrestler to get up to 5 matches. Weigh-ins/Skin Checks will be at 3:00 PM and wrestling will begin at 4:00 PM. Wrestling will be done on 3-4 mats in 2 gyms. Only short breaks to allow the officials and coaches to eat will be taken.

The entry fee is \$25.00 per wrestler with a check required at weigh in made payable to: Shady Spring High School Wrestling. A hospitality room will be provided for coaches and officials and affordable concessions will also be available with the proceeds going to support Shady Spring Middle School's wrestling team.

High School Weight Classes are: 100 - 107 - 114 - 120 - 126 - 132 - 138 - 145 - 152 - 165 - 185 – 235

Middle School weight classes will be done using the Madison weight system.

Medals will be awarded for Individuals placing First, Second, and Third in each weight class.

Trophies will be awarded for First, Second, and Third Place Teams, and Outstanding Wrestlers from 100-132 and from 138-235 and two middle school weights.

If you are interested in attending please contact Coach Shrewsberry, 304-920-5453, or [ashrewsberry@powellcc.com](mailto:ashrewsberry@powellcc.com).